

# EXTRA! EXTRA! HOLA!

**Friday, September 4th**

50+ Labor Day Barbecue Dinner at 5 pm w/Prize BINGO at 5:30



**Friday, September 25th**

50+ Dinner at 5:00 pm (w/ birthday cake for Al) & BINGO at 5:30



**Friday, October 9th**

50+ Dinner at 5:00 pm  
& a concert for everyone at 5:30 by The Tom Waselchuk Trio



The concert is supported by the Dane County Cultural Affairs Commission with additional funds from the Overture Foundation and Pleasant T. Rowland Foundation

## PIG ROAST

A Benefit for the BLW Center  
call 441-6991 for details

Saturday, September 19th  
5 to dusk at Esther Beach Park  
\$25 per person

## NOW OPEN

In the  
BLW Main Room



**FRIDAYS from Noon to 1:00**  
Come on in! Join us!  
**Free Light Lunch!**

**COFFEE SHOP on**  
Thursdays, 10-11:30 a.m. details  
on page 2!

**Movie Day**  
Tuesday, Sep. 15 at 2:30 pm

Look for movie details  
posted at the center on the 14th.

*All Adults Welcome*  
Sponsored by the 50+ program



### Anderson's Repairs

We do everything!

From Drywall, Plumbing, Plaster,  
Carpet, Bathrooms, to Building  
Outside Decks and Yardwork and even Snow  
Removal.

Call 446-3566 or 395-7573 and ask for Mike.  
Our work is insured.

### Monona Hills Apartments 353 Owen Road, Monona, WI

Affordable living for seniors &/or  
persons with disabilities. Rent is  
based on 30% of your income.

Call 608-221-8988



Managed by Meridian Group, Inc.





## BLW Coffee Shop

**Every Thursday from:  
10:00 to 11:30 am**

Coffee &  
Refreshments.  
Free of charge.



Card games, etc., can follow as people may wish at BLW Coffee Shop.



## Mobile Food Pantry

The food pantry is held every third Wednesday of the month including **Wed. October 21st** at noon. It is held at the Center. Food is provided by Second Harvest Food bank.

Call 441-6991 or stop by the center to make a reservation.

Come at 10:30 the day of the pantry if you wish to volunteer.

## BLW Computer and Telephone Times

Monday-Friday: 9:30-11:00  
1:30-3:00

## For people 60 or older - Free in-home visits to talk about services



Get a free in-home consultation with a case manager who will do an assessment and help plan health, social, financial and transportation services with you.

Call the **East Madison Monona Coalition of the Elderly** at 223-3100 if you live in **Bridge-Lake Point, Monona or Waunona neighborhoods**

Call the **South Madison Coalition of the Elderly** at 251-8405 if you live in one of the following neighborhoods: **Southdale, Highland Manor, Moorland-Rimrock or Indian Springs.**



## 2009 Edition of the "Over 60 Resource Directory":

You can stop in at a Coalition to pick up this updated directory or go to our local Library. This is a wonderful resource listing programs and services for Dane County older adults and their families. If you have a case manager through some coalition, ask them to bring you a copy on their next visit.

## 50+ Notes

October 2009

Notes on activities for adults 50 plus living in the neighborhoods of Bridge-Lake Point, Waunona, Moorland-Rimrock, Indian Springs, Highland Manor, Southdale, and other nearby communities.

For more information call or go to:  
[www.blwcenter.org](http://www.blwcenter.org), or

Executive Director	Tom Solyst
50+ Program Staff	Jim Stickels Diane Small
Kitchen Staff	Al Hdtzman
Office Staff	Dan Eastman Gary Ranum

The BLPWNC is an AA/EO service provider. If you need accommodations to access the center services, please call Tom at (608)

## BLW Reading Buddies

The reading program for elementary school children at the center can use your help.

Help with penny donations to buy books for the children.

**If you would like to read with an elementary school student, call**

If you would like information about the 50+ Advisory Committee contact Jim at the center

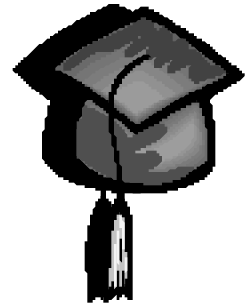


## Help with job ready skills at BLW. Fall classes begin soon!

**Classes are being taught from 9/8-12/15`**

Teacher: Kathy Witte

Brush up on your math, reading, and writing. **These skills are good for job prep, even if you already have a H.S. diploma.** Stop in and talk to Kathy about what you need.



**Held in the conference room.**

**M.A.T.C.** sponsors G.E.D. /A.B.E. and E.S.L. Classes on Tuesdays.

**G.E.D./A.B.E.** (Adult Basic Education) 12:00-1:00 p.m.

**E.S.L.** (English as a Second Language) 1:00-2:00 p.m.

Register at any time during the Summer period by stopping in or calling the BLW Center at 441-6991.

Kathy welcomes anyone who wishes to improve their speaking and academic skills.

## Important Phone Numbers

<p><b>BLW Center</b> 441-6991 Our neighborhood center</p> <p><b>Access Community Health</b> 443-5480 Provides comprehensive, top-quality services for the underserved, including both comprehensive medical and dental care.</p> <p><b>Centro Hispano</b> 255-3018 Centro Hispano of Dane County exists to empower Latinos through quality social, educational and cultural programs.</p> <p><b>Community Action Coalition</b> 246-4730 Programs to enhance the skills, knowledge and capacity of people experiencing poverty so they may improve their economic and social circumstances.</p> <p><b>Dental Hygiene at MATC</b> 258-2400 Low cost teeth cleaning</p> <p><b>Dane County Job Center</b> 242-7400 A central location for people looking for work and businesses that need help finding qualified applicants.</p> <p><b>East Madison Coalition</b> 223-3100 Programs in the East Madison / Monona area that will assist and enable the aging to prepare for, and to live creatively in the retirement years, and to focus the attentions and energies of the community on urgent needs of the elderly.</p> <p><b>Elder Law Center</b> 224-0606 The Legal Services Division of CWAG provides legal services and resources to citizens 60 years and older.</p> <p><b>Family Service</b> 252-1320 Consumer Credit Counseling Service to help solve debt problems through assistance with budget planning, money management, and planned debt liquidation.</p> <p><b>Glendale School</b> 204-2400 Madison elementary school with ties to BLW.</p> <p><b>Joining Forces for Families</b> 224-3624 JFF is a voluntary, community-based, supportive service that helps families address their basic human needs by quickly linking clients to resources.</p> <p><b>Madison Metro</b> 266-4466 Madison bus system customer service desk</p>	<p><b>Madison Senior Center</b> 266-6581 The center offers: Information and Referral Services for those seeking help with taxes, health, housing and other concerns; case management services three days per week; a computerized information assistance program to help access available area services; special events; a variety of activities take place on an ongoing basis; classes; and a Senior Meal Program.</p> <p><b>Monona Senior Center</b> 222-3415 The Center offers a variety of educational, social and wellness programs.</p> <p><b>MSCR</b> 204-3000 The place for people 50+ to find out about interesting resources, events, and recreation for developing a life they love living because they are 2 Young 2 Retire.</p> <p><b>Senior Hotline to Help</b> 266-9007 To reach shelters, health resources, crisis intervention hotlines, support groups, financial assistance, educational programs and more.</p> <p><b>South Madison Coalition</b> 251-8405 Services and programs provided by the Coalition include the following: Case Management, Home Chore Assistance, Lunch Programs, Volunteer Guardianship Services, Neighborhood Senior Center Activities, Sunday Dinners, Monthly Newsletter, Information and Referrals, and Quality Standards for Group Homes.</p> <p><b>Tenant Resource Center</b> 257-0143 Provides rental and housing counseling, mediation services.</p> <p><b>United Way Help Info Line</b> 211 The 211 database of free and confidential comprehensive information and referral services for people in Dane County who are in need of help or who want to give help.</p> <p><b>Urban League</b> 251-8550 To improve the social and economic conditions of African Americans, other people of color, and the economically disadvantaged in our community.</p> <p><b>YMCA</b> 221-1571 <b>YWCA</b> 257-1436 Programs for seniors at the YMCA and YWCA. The YMCA has scholarships available for families.</p>
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Bridge Lake Point Waunona Neighborhood Center  
1917 Lake Point Dr.  
Madison, WI 53713