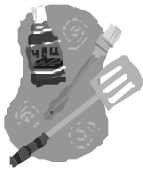


EXTRA! EXTRA! HOLA!



Friday, September 4th

50+ Labor Day Barbecue Dinner at 5 pm w/Prize BINGO at 5:30

Friday, September 25th

50+ Dinner at 5:00 pm (w/ birthday cake for Al) &
BINGO at 5:30



Friday, October 9th

50+ Dinner at 5:00 pm
& a concert for everyone at 5:30 by The Tom Waselchuk Trio

The concert is supported by the Dane County Cultural Affairs Commission with additional funds from the Overture Foundation and Pleasant T. Rowland Foundation

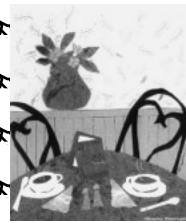
PIG ROAST

A Benefit for the BLW Center
call 441-6991 for details

Saturday, September 19th
5 to dusk at Esther Beach Park
\$25 per person

NOW OPEN

In the
BLW Main Room



FRIDAYS from Noon to 1:00
Come on in! Join us!
Free Light Lunch!

COFFEE SHOP on
Thursdays, 10-11:30 a.m. details
on page 2!

Movie Day
Tuesday, Sep. 15 at 2:30 pm

Look for movie details
posted at the center on the 14th.

All Adults Welcome
Sponsored by the 50+ program



Anderson's Repairs

We do everything!

From Drywall, Plumbing, Plaster,
Carpet, Bathrooms, to Building
Outside Decks and Yardwork and even Snow
Removal.

Call 446-3566 or 395-7573 and ask for Mike.
Our work is insured.

Monona Hills Apartments 353 Owen Road, Monona, WI

Affordable living for seniors &/or
persons with disabilities. Rent is
based on 30% of your income.

Call 608-221-8988



Managed by Meridian Group, Inc.





BLW Coffee Shop

**Every Thursday from:
10:00 to 11:30 am**

Coffee &
Refreshments.
Free of charge.



Card games, etc., can follow as people may wish at BLW Coffee Shop.

For people 60 or older - Free in-home visits to talk about services



Get a free in-home consultation with a case manager who will do an assessment and help plan health, social, financial and transportation services with you.

Call the **East Madison Monona Coalition** of the Elderly at 223-3100 if you live in **Bridge-Lake Point, Monona or Waunona neighborhoods**

Call the **South Madison Coalition of the Elderly** at 251-8405 if you live in one of the following neighborhoods: **Southdale, Highland Manor, Moorland-Rimrock or Indian Springs.**



Mobile Food Pantry

The food pantry is held every third Wednesday of the month including **Wed. September 16th** at noon. It is held at the Center. Food is provided by Second Harvest Food bank.

Call 441-6991 or stop by the center to make a reservation.

Come at 10:30 the day of the pantry if you wish to volunteer.

BLW Computer and Telephone Times

Monday-Friday: 9:30-11:00
1:30-3:00



2009 Edition of the "Over 60 Resource Directory":

You can stop in at a Coalition to pick up this updated directory or go to our local Library. This is a wonderful resource listing programs and services for Dane County older adults and their families. If you have a case manager through some coalition, ask them to bring you a copy on their next visit.

50+ Notes

September 2009

Notes on activities for adults 50 plus living in the neighborhoods of Bridge-Lake Point, Waunona, Moorland-Rimrock, Indian Springs, Highland Manor, Southdale, and other nearby communities.

For more information call or go to:
www.blwcenter.org, or

Executive Director	Tom Solyst
50+ Program Staff	Jim Stickels Diane Small
Kitchen Staff	Al Hdtzman
Office Staff	Dan Eastman Gary Ranum

The BLPWNC is an AA/EO service provider. If you need accommodations to access the center services, please call Tom at (608)

BLW Reading Buddies

The reading program for elementary school children at the center can use your help.

Help with penny donations to buy books for the children.

If you would like to read with an elementary school student, call

If you would like information about the 50+ Advisory Committee contact Jim at the center

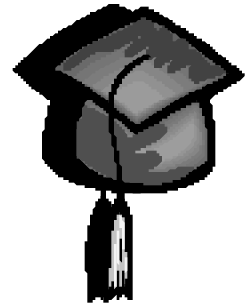


Help with job ready skills at BLW. Fall classes begin soon!

Classes are being taught from 9/8-12/15`

Teacher: Kathy Witte

Brush up on your math, reading, and writing. **These skills are good for job prep, even if you already have a H.S. diploma.** Stop in and talk to Kathy about what you need.



Held in the conference room.

M.A.T.C. sponsors G.E.D. /A.B.E. and E.S.L. Classes on Tuesdays.

G.E.D./A.B.E.(Adult Basic Education) 12:00-1:00 p.m.

E.S.L. (English as a Second Language) 1:00-2:00 p.m.

Register at any time during the Summer period by stopping in or calling the BLW Center at 441-6991.

Kathy welcomes anyone who wishes to improve their speaking and academic skills.

